

# Wallenpaupack Area School District Wellness Committee Meeting

Thursday, February 15, 2024

3:00 pm-Zoom Meeting

## Meeting Summary

- Old Business
  - Breakfast choices: healthier choices implemented at breakfast
  - Vending machines: issues with timing and content; contract not being renewed for upcoming school year
  - Farm to School: local produce incorporated into breakfast and lunch program
  - Student Advocate: looking for more students on our committee
  - Free Breakfast: Currently we are under the Community Eligibility Provision which enables us to provide free breakfast and lunch to all our WASD students. Breakfast Bob is our breakfast trophy that rotates throughout the district to the school serving the highest percentage of breakfast
  - COVID: Keith gave us our final COVID update-as of April 2024 there will be no more isolation protocol; positive outcomes of the pandemic: better cleaning and our air purifying system
- New Business
  - Triennial Assessment
    - No changes to Public Involvement, Notification, and Assessment
    - No changes to Nutrition Education
    - No changes to Nutrition Promotion
    - No changes to Physical Activity
    - No changes to Physical Education
    - No changes to Other School-Based Wellness Activities
    - Nutrition Guidelines for All Foods and Beverages at School- we are in not renewing the contact with the vending machine company. There is another school operated vending machine with healthy options in the weight room
    - Goal additions: Calm/Sensory rooms have been added in each building, suicide prevention clubs, nutrition is added to core curriculum through WIN program via math, ela as well as health and physical education
    - Meeting adjourned at 3:30 pm